SPECIAL ISSUE Covid-19 and the Elderly

Vol. 35, No. 2, 2021

Indian Journal of

## Gerontology

a quarterly journal devoted to research on ageing

· Editor K.L. Sharma



## Contents

1.	Anxiety and Resilience among the Elderly During the Covid-19 Related Lockdown in Anekal, Karnataka Minitta M Regy, Pretesh R Kiran, and Nancy A Gnanaselvam	143
2.	Daily Life Concerns of Older Adults During Covid-19 Pandemic Nilam Borade and Aarti Nagarkar	151
3.	Impact of Covid-19 Pandemic on Psychological Health of The Elderly Population in West Bengal Mohan Chandra Dolai, Sahana Jana', Amit Kumar Maiti, Amita Adak, Nandini Mishra, Md. Murtaja, and Kakali Bera	162
4.	Physical Activity, Mental Health, and Frailty among Older Adults in Covid-19 Pandemic Pooja Agnani, Anjali Bhise, Zeel Mehta	177
5.	Elderly, Covid-19 and Mental Health Issues: Challenges and Management Aishwarya Raj, and Pradeep Kumar	188
6.	Social Connectedness and Psychological Distress of Elders During Covid-19 Tripta Nair and Aneesh V Appu	200
7.	The Effects of Covid-19 Pandemic on Mental Health of the Elderly Igbo in Two Selected Local Government Areas in Anambra	213
8.	Mary's Life in a Nursing Home during Covid-19 Sandra P. Hirst and Rebecca Stares	243

कन्द्रीय पुस्तकाद्यम् Cenubly सिक्कम विश्वविद्यालय Sikkim University

Pandemic in India  Tushti Bhardwaj and Sarla Bhardwaj	257
10. Psychological Impact During Covid-19, Among the Elderly, in India. Aashna Khosla	276
11. Covid-19 and the 'New Normal': A Gerontological Perspective Indira Jai Prakash, Meenakshi Y. Reddy and Gayathri Menon	283
12. Covid-19 Pandemic makes Elderly Life Harsh and a Way Forward: A Review Subham Roy	299
13. Elders' Dignity and Challenges During Covid-19 Pandemic Kowsalya, B. and Sundara Raj, T.	314
14. Self-adaptive Coping Strategies among Urban Community-Dwelling Elderly Population Amidst Covid-19 Pandemic Situation in India Sayani Das*, Abhishek Dey, Jitender Prasad	327
15. Covid-19: A Personal Account	341